UPDATES FROM THE EBOARD

Hello everyone! During the month of July, the Executive Board and Advisory Board of Trustees have continued to work very hard. The president is continuing to obtain information for new club attire, which we are very excited about! The vice president has done an excellent job at gaining new sponsorships for APVMA. During her time in office, Radiant Rhinos, Loop Abroad, and the CARES project, have all made a donation to become an APVMA sponsor. The treasurer has been communicating with potential members, as well as, recording the dues that have been paid through our new program--which is working wonderfully! The secretary has been working hard at revamping the APVMA newsletter. Lastly, the webmaster has also made some renovations to our website. Moreover, we have also finalized dates and a hotel for the APVMA Executive Board and Advisory Board of Trustees fall meeting! We are very excited for this, because that means we are one step closer to the National Symposium. As always, do not hesitate to contact us if you have any questions!
Hey everyone,

I hope all of you have had a fantastic summer and are looking forward to school starting back in just a few weeks! As you begin classes and look toward fall semester, do not get overwhelmed by the thought of returning to the structure of class, studying, homework, and tests. Dive into the semester with the mindset of “I am going to take it one day at a time” and you will never feel the sense of drowning in life’s priorities.

Time management is one of my biggest personal struggles. I put the “pro” in “procrastinate,” and because of this, I have worked tirelessly throughout my entire college career trying to change that habit. Recently, however, I learned that it isn’t a flaw, yet an incredible challenge that I need in order to be successful. I have discovered that this is when my best work is achieved because I haven’t just put off the assignment or studying; but I have been subconsciously dissecting all of the information and putting it in order. It allows me to better understand the material which causes me to work in a more efficient manner once I actually begin.

I have recently started watching The Office on Netflix in my (little) free time and watched the season 3 finale, “The Job.” Michael Scott is interviewing for a Corporate position at Dunder Mifflin and he is asked what his three greatest strengths are. He responds with “let me tell you what my greatest weaknesses are. I work too hard, I care too much, and sometimes I can be too invested in my job.” The interviewer looks stunned and confused. Michael goes on to explain that his weaknesses, are in fact his strengths. For any of you that have watched the show, you know what a cut-up Michael Scott is and understand that it is normal for him to go against the ordinary. When I watched this scene my mind immediately starting racing as I tried to decide what my greatest strengths would be and Michael’s answer caught me off guard, as it did the interviewer’s. I wondered, what if I answered a question like this in real life and explained that being a procrastinator isn’t a weakness, but a strength. Everyone around you will try to tell you what your downfalls are. Once I sat down and focused on what others considered a “flaw” is when I realized the beauty behind it and how it ultimately makes me a better person and student in the long run.

Before classes start, I urge all of you to take your weaknesses and turn them into strengths. Focus on yourself and do not let others try to tell you that the way you work is incorrect and inefficient. Learn how you learn without learning how you are supposed to learn. I have found that this is the key to success because no one knows you better than you know yourself.

“My attitude is that if you push me towards something that you think is a weakness then I will turn that perceived weakness into a strength.” - Michael Jordan

Loyally,
Mary Ann McDougal
When answering any style of interview questions, answer with enthusiasm, have integrity, and confidence

Be aware of current veterinary issues and controversial topics

Be prepared to discuss your strengths and weaknesses, and how you are working to improve on those weaknesses

Know the information you put on your application incase the interviewer needs you to elaborate on particular things

Research and practice multiple styles of interview questions (e.x. behavioral, ethical, MMI, etc.)

Learn your interviewers name and use it throughout the interview

Bring clothing material suited for the weather your interview will be

Always dress business professional and bring atleast two outfits for just incase reasons

If feasible follow up with a thank you email to your interviewer or college
Where is State College and How To Get There?

The 2019 APVMA Symposium will be held at Pennsylvania State University on March 8-10th, 2019, but where exactly is Penn State located? Penn State is located in central Pennsylvania, mainly in a rural area. In the 1850’s, prior to Happy Valley’s existence, the area was used for remote farming and iron ore mining. This changed in the mid 1850’s, when the federal government awarded funding to initiate a land grant college system. This ultimately creating a rivalry between Pittsburgh and Philadelphia as each city believed they deserved to be the location of the new college. This argument eventually reached a compromise by drawing diagonal lines from each region with the intersection forming what would become the beloved State College. After agreeing on the location, a State College local donated 200 acres of land in almost complete isolation. The founders at the time believed this isolation would help the young students remain focused and avoid the temptations of big cities. The founders at the time must not have pictured what Happy Valley would be like on football Saturdays 150 years in the future.

Penn State is easy to access from any directions with interstate highways granting access from the East (Routes 80, 78 or 76) and West (Routes 80, 70 or 76) and Route 99 or Route 81 to 322 grant access from the North and South. Flying Penn State is easy was well, as there is an airport just minutes from campus and Penn State campus is located 1.5 hours away from the Harrisburg International Airport, 2.5 to 3 hours away from Pittsburgh International Airport, and 3 to 3.5 hours away from Philadelphia International Airport. Rental vehicles or shuttles can transport attendees from these airports to State College. The following connection flights from multiple airlines and cities also fly directly into State College: Delta airlines from Detroit, US Air flights from Philadelphia, and United flights from both Chicago O’Hare and Washington Dulles. Despite its founding in a remote area, Penn State University is very easy to travel to.

The symposium will be held within minutes of campus at the Penn Stater Hotel and Conference Center, which have proven to be very accommodating when the 2007 APVMA Symposium was held here. These facilities include a discounted rate for hotel rooms, multiple lecture rooms, a large banquet hall that will accommodate everyone in attendance, and transportation to wet labs and campus tours. The Penn Stater also offers a 24 hour fitness center, swimming pool, and two award-winning restaurants to all guests. In 2017, Meetings Today awarded the conference center the “Best in the East” for the facilities’ and staff’s ability to accommodate large groups. During the symposium, the graduate degree programs offered at Penn State and the College of Agricultural Science’s farm facilities will be highlighted, making the 2019 APVMA Symposium a very unique and exciting weekend!
FUN FACT OF THE MONTH
What are some dual programs offered in veterinary schools?

• **DVM/PhD:** Designed to prepare veterinary students to pursue not only a doctor of veterinary medicine degree but also a philosophy degree in approximately seven years. It includes rigorous training in a basic science research discipline as well as a full academic and clinical training as a veterinarian.

• **DVM/MPH:** Designed to prepare veterinary students for a career in public health or to better apply the principles of epidemiology and public health to more traditional forms of practice or research.

• **DVM/MS in Lab Animal Medicine:** Designed to provide veterinary students with basic training in laboratory animal medicine and animal resource management.

• **DVM/MSc:** Designed to provide veterinary students with a desire to combine their passion for animal health care with thesis-oriented research. With the additional degree, one can pursue a specialized career in advanced veterinary medicine research including field research in Bacteriology, Clinical Pathology, Virology, etc.

UPCOMING EVENTS

• **March 8th - March 9th**
  2019 National APVMA Symposium at Penn State University
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